



## CASTING YOUR "NET" FOR THE SUMMER GET TOGETHER

"Social Networking" is a confusing term for many of us. For the Volunteers' **Summer Get-Together** it was decided to create our own in-service on "Social Networking", offering support and encouragement for volunteers, sharing information with one another, and building relationships with each other. The in-service created a new take on "Social Networking", by conducting a "getting to know" game. Each Volunteer shared a few personal facts about his/her self and placed them on "sea creature" cards. These were 'caught' on a fish net to be shared with the group later. Volunteer Ella Weston, is pictured at the right filling out her card.



As some volunteers filled out their cards, other volunteers were enjoying the wonderful banquet, designed around a

nautical theme (a word play on "Net" Working) in the conference room. Volunteers enjoyed refreshments, from cheesy goldfish crackers, to fish shaped mints, and Swedish sandwich cakes, along with delightful sweets. *Thank You to all* who brought these wonderful treats for us to eat. And, of course, a very special thank you to **Sonya Lee & Anita Jemison** for their delightful and creative decorations. Once again they created a cheerful, fun, and expressive way to explain Volunteer Services' programs.



Everyone agreed that **Sonya Lee's Smorgastartas (Swedish sandwich cakes)** were the hit of the table.

One cake was **Seafood on Tuscan Bread** and a **Turkey vegetable** cake made with **Popeye Bread (Great Harvest Bread)** was the other. They were so delicious, many of us came back for seconds and thirds. (Recipe available -call Jeri.)



During the in-service "Volunteer Social Networking", volunteers took turns reading the self-descriptions volunteers had written earlier on the sea creature cards. Much laughter was heard by passers by, as all tried to identify the volunteer by the facts given. **Linda Chase**, seen in the photo to the left, is reading off a list of characteristics and/or hobbies of a volunteer. The person who guessed the identity of the volunteer correctly read the next



card. Volunteer Julie Cockayne, read the next card after correctly identifying the previous volunteer card. Volunteers learned much about one another, having fun as they played the game.



After the game, volunteers went fishing for door prizes, compliments of volunteer **Diane Marler**, who created our fishing hole, complete with rod, hook and fish. Each volunteer cast his/her fishing rod into a straw basket filled with paper fish with a number on the back. As each volunteer won a prize, he/she picked the next winning number. The **Summer Quarterly Meeting and Inservice** was full of laughter, great food and made for an enjoyable afternoon. I hope you can join us for the next



Attendees: (Back row L to R) Anita Jemison, Kathy Hilton, Helen Haygood, Carole Ring, Lakeisha Williams, Aggie Carson, Sonya Lee, BB Watson, Kris Sahu, Jolly Sahu, Linda Smith, James Rule, Dot Rule, Vangie Hughes, Carol Richardson, Jeannie Caldwell, George Hill, Mary Clare Hogan, (Front row R to L) Bobbie Artigues, Linda Chase, Jan Marts, Martha Jones, Linda Young, Ella Weston, & Anita Fairchild. Not pictured were Terri Spurk, Jeri Flinn, Susie Cook, Julie Cockayne, John & Emmie Carmichael.



# Catholic Heartwork Camp

## Returns for a 6th year with Hospice Ministries



Youth campers returned to give Hospice Ministries "days of service" working inside and out. Dedicated and resourceful these young people cleaned windows, worked in the gardens, reorganized storage, and readied a suite for painting; all with smiles on their faces.



Campers from L to R: Jackie Sullivan, Marietta, GA; Peyton Penn, Bloomington, IL; Vinnie Romano, Wheaton, IL; Blake Kreher, Freeburg, IL; Shannon Muttram, Bloomington, IL; Erin McNamara, Woodstock, GA; & Cassie Franklin, Roswell, GA



*"CHWC's vision for the future is clear, to listen closely to the Lord and continue to grow in the direction that God desires, after all, this is God's creation and we are faithful stewards. We want to continue offering quality service camps, serve people in need, and spiritually enrich the lives of work-camp participants. Most importantly, CHWC wants to provide young people and those served opportunities to experience God's love in a profound way!"*

[www.cathloicheartworkcamp.org](http://www.cathloicheartworkcamp.org)

**Catholic Heart Work Camp** started in Orlando, FL with 100 participants as an extension of **St. Margaret Mary Catholic Church Youth Ministry** in 1993. As of today, CHWC has spread to over 11,000 campers across the United States.

During my first year at Hospice, we were honored to work with the first **CHWC** in Jackson. It was such a rewarding experience that Hospice Ministries has participated every year since. We are very thankful for such a hard working group of young people.

This group inspires me, and reminds me of all of you. Truly the greatest gift of love, is giving of oneself, as so many of you do everyday. Hospice Ministries is very grateful to have such a dedicated group of volunteers like you, who know the importance of being an Earth Angel.

### Christ United Methodist Church's Mission Saturday



The song by **The Beatles**, "**A Little Help from our Friends**" takes on a new meaning for me after this rainy "paint day" in June. **Christ United Methodist Church** graciously offered to help us paint our suite after the campers from CHWC prepared the suite for us.

Volunteers **Aaron Akers** and **Paul Kennedy** stepped up to help Saturday morning, doing a fantastic job on one of the rooms.



Paul Kende & Aaron Akers



**Heidi & Michael Kemp** from **CUMC** cleanly painted another room.

A traveling choir from **New World United Methodist Church of Arlington, TX**, who had visited **Christ United Methodist**, stopped by to help. Half of the students went outside to work in the drizzling rain and half stayed inside to help with the painting.

Lead gardener **Bethan Read** and volunteer **Lakeisha Williams** worked with the young singers in the gardens.



**Bethan** worked on the east wall while **Lakeisha** organized the pine straw.

Inside, **Beverly Luehlfing**, organizer of **Christ United Methodist's Mission Saturday**, and her son **Blake Luehlfing**, helped out with painting the suite bathrooms.

We would like to give a special Thank You to **Christ United Methodist Church** for all of their support throughout the years.

Volunteers from **Christ United Methodist** were: **Gary & Ruth Chong, Heidi & Michael Kemp, Beverly, Monte & Blake Luehlfing, and Ron Marks.**



*Wow,  
what a  
day!*

*Hospice Ministries  
Annual  
Golf Tournament 2012*



It was a beautiful day for the Hospice Ministries Annual Golf Tournament at Annandale Golf Club in Madison. Fifteen teams "tee off" at 1:00 p.m. for an afternoon of fierce competition.



Before the tournament many spent time hitting balls on the practice range. Mulligans were popular with the golfers, and freely spent.

**2012 Golf Teams:**

St. Dominic Hospital  
First Choice Medical  
Ross & Yerger  
Lefoldt & Company  
Madison Heart Clinic  
Regions Bank  
Cal Maine Foods, Inc.  
Enterprise Holdings  
Service Printers

Glynn Griffin  
Protel, Inc.  
Shoemaker Homes/ The  
Enclave at Towne Center  
Jim Coggins  
Jackson Paper  
Southern Care  
Turenne  
Baptist Health Services

*Our 2012*



After the tournament golfers were treated to a snack catered by Annadale Golf Club. Executive Director Belinda



Patterson expressed how grateful Hospice Ministries is for their support, and announced the winning team of the tournament, **Service Printers**.

We would like to **Thank all of our golfers** for "enduring" the heat and creating another exciting day of golf.



Pictured at the right are some of our enthusiastic golfers getting ready to "tee off" at the start of the tournament, and some of the lucky winners from the tournament.





# Hospice Ministries' Garden Corner

By Larry Magee

Larry Magee, new to the volunteer program, has had many years of experience with flora and gardens as a horticulturist.

The hospice gardens are the face of Hospice Ministries that everyone encounters no matter your reason for being here. The gardens soften the hard edges of the building and facilities and make us feel more comfortable even when we're not conscious of them. Peaceful gardens and quiet waters are more or less universal images of man's concepts of paradise.

The staff and volunteers are the 'personality' behind the face.

Gardeners tend to focus on the plants, the living element which require certain conditions to thrive and serve their purpose. It is important for someone to see the whole picture to appreciate how it all works, yet most people only see the more or less 'finished' product.

Like many things even a well tended garden is a work in progress.

Fall is the best time to plant most trees, shrubs and perennials. Fall is also the time to plant spring flowering bulbs such as daffodils. The selection is almost endless, but look for ones that "Naturalize" well. Even the best gardens can usually find a place for just a few bulbs tucked somewhere for years of spring flowers with minimal effort.

If you really want a splash of spring color next year plant a bed of pansies or violas after the ninety degree days are past. Then plant clumps of 3-5 daffodil bulbs scattered among the pansies. Later, cooler weather is better for planting most bulbs, but before the holidays. Just choose colors that you like, or coordinate with something else in the landscape. You could easily even do it all in a 12 inch pot outside somewhere if you don't have a garden. Allow for sunshine, add water, and watch them grow.

The hospice gardens need very little new plant material, but materials to build the soil, and care for the plants continue. For persons wanting to support the gardens, but not as gardening volunteers they might contribute to a "Mulch Fund" or "Equipment Fund" for the gardens.



**Bethan Read, Lakeshia Williams & Larry Magee** on a very warm morning in July during our Saturday Garden Day.

Co-Lead Gardeners Bethan Read and Rebecca Allen, enjoy a moment for Bethan's birthday cake, after a Monday morning of working in the gardens, with regular Monday gardener Kathy Hilton.



**Lakeshia Williams, Bethan Read & Mayra Prado** take a break in the hot August sun during August's Saturday Garden Day.

Please feel free to join us on these Saturday Garden Days; they are very insightful. Keep an eye on "Up Coming Events" on the website for the next Gardening Day.



## Mississippi College Students Tackle Belinda's Hill

Several students from MC's freshman class came and worked in our gardens one Summer morning . They were participating in a program at Mississippi College to acquaint them with *Community Service Projects*. With Lead Gardener **Bethan Read**, as their guide, they tackled the infamous area known as *Belinda's Hill*.



They hoed, sawed and pulled out old bushes then rolled them off in a wheel barrel.

It was hard work but the students said they felt like they had achieved a goal.



Danny Crafts, Hunter Sanderal, Caroline Reeks, Kelsey Downs, Lead Gardener Bethan Read, Logan Nault and Max Romero

# Summer Happenings for Ridgeland



## Volunteer Training Summer 2012

New volunteers were: (L to R) L.A. Byrd, Angel McPhaul, Monica Kelly, Sandra Felton, Leslie Thompson, Susie Cook (Volunteer Service Assistant), Aggie Carson, Shanon Kelly, Renee Rauls, Yolanda Gladney, and Taylor Coleman

Summer training for Volunteer Services went on throughout the months of June and July, with ten going through Volunteer Training class in June, and four others attending individual training throughout July.



New to our line up of speakers was Medical Social Worker **Verina White**. Stories of her years of experience, at **St. Dominics** and **Hospice Ministries**, fascinated the attendees.

We were delighted to welcome back our Juice Cart leader, **Ella Weston**, as she went through the requirements for the Juice Cart duties, during the Volunteer panel.



Volunteer **Susie Cook**, gave a talk on the importance of writing correctly and promptly the **Patient Visit Sheets**. Susie reiterated how important this document is, *and needs to be finished ASAP after a call or visit with a patient.*

The four volunteer trainees who went through individual training during the month of July were: **Larry Magee, Pam Campbell, Ginny Phillips and Frank Garrison**. We are very excited about all our new volunteers.

## Donations



Director of Support Services **Isabel Cordua**, stands with the family of **Daisy Caffey** from Grenada MS, as they donated the handmade quilt Mrs Caffey had made from her students' materials. The quilt now hangs in suite 3.



An adorable metal garden bird feeder was donated by **Julia Allen** of **Poor Julia** fame. This art piece will be put in the garden for all to enjoy.

A Companion wheel chair was donated by the family of **Alice Harris** in memory of their loved one.



In Home patient RN **Holli Burns**, stands with **Douglas Garland** showing off the case of small, white, Bibles he donated to the nurses of Hospice.



Sonya Lee with dining room door weath for the 4th of July Holiday.

## 4th of JULY

On the Saturday before the 4th of July, volunteers congregated to create red, white and blue treat bags to give to all of our patients.

**Sonya Lee and Anita Jemison** decorated

the Dining Hall with July 4th decor for the families and staff.

## The Troubadours

On the 4th of July volunteers joined the **Troubadours** in singing patriotic songs while delivering the 4th of July treat bags to our inpatients.



Nancy McGhee, Carol Richardson, Anita Jemison, Bob Perry, Angel McPhaul, Kathy Hilton, Lanissa Byrd, Dot & James Rule



Anita Jemison, Lakeshia Williams, Nash Noble, Helen Haygood, Jolly Sahu, Linda Smith, Angela Newman, Ian Watson, Carol Richardson, B.B. Watson, Dot Rule & Bob Perry



A few weeks later, under the guidance of Chaplain **Nash Noble** the **Troubadours** visited a patient and sang songs for her at **The Orchard**.

Troubadours L to R: Pam Campbell, Ian Watson, Melissa Bolland, Jolly Sahu, Libria Butler, Ellie Heitmann, Nash Noble, Linda Smith, Dot Rule, and B.B. Watson.

## Summer Vigil Volunteer Training



**Sister Camilla Hemann RN**, lead a new group of volunteers through the **Vigil Volunteer Training** class in July.

Class included ( Left to Right) Charlotte Robinson, Pam Campbell, Bob Perry, Sister Camilla Hemann, RN, William Thomas, Jolly Sahu and Linda Smith. Next Vigil Training class will be held in Spring 2013.

## MS-ISFAC Meeting

### Mississippi Inter-Service Family Assistance Committee

In June, Jeri Flinn, the Volunteer Services Coordinator, gave a talk about the **Vet to Vet Program** to the **Mississippi Inter-Service Assistance Committee** for the **VFW**.

The **Vet to Vet** program is growing and we are partnering with groups like the **ISFAC** to help families of veterans. If you are interested in participating with our **Vet to Vet Program** please

give Jeri call, **601-898-1053**.



# Volunteer Calendar of Events for *Fall 2012*

## September



Saturday, **September 1st: Labor Day Treat Bags**

11:00 a.m.- 12:00 p.m.

Dining Room

**Troubadours:** 12:00 - 1:30p.m

Chapel

Saturday, **September 8th: Gardeners' Day**

9:00 a.m.- 12:00 p.m.

South Courtyard

Check website for Gardeners' Day 601- 898-1053 ext. 258

Tuesday, **September 11th: In-Service**

**Beyond Kübler-Ross: New Perspectives on Death, Dying and Grief**

From 9:00 a.m. - 11:30 a.m.

Board Room

Saturday, **September 15th: Flower Arranging**

An inservice with Carol Dugger on how to arrange flowers

Call 601-898-1053, 258 for registration

## October



Friday - Sunday, **October 5th through 7th**

**Volunteer Training at Hospice Ministries**

**Oct. 5th**, 5:30 p.m. - 8:30 p.m.

**Oct. 6th**, 9:00 a.m. - 5:30 p.m.

**concludes on Oct. 7th**, 1:00 p.m. - 5:30 p.m.

Call 898-1053, ext. 258 for more information

Saturday, **October 13th Gardeners' Day**

9:00 a.m.- 12:00 p.m.

South Courtyard

Check website for Gardener's Day 601- 898-1053 ext. 258

Saturday, **Oct. 27th Hospice Fall Festival Treat Bags**

10:00 a.m.- 12:00 p.m. Dining Room

Soft home made cookies (individually wrapped) and soft candy needed.

Call for more information 601- 898-1053 ext. 258



## November



Saturday, **November 3rd: Gardeners' Day**

9:00 a.m.- 12:00 p.m.

South Courtyard

Check website for Gardener's Day 601- 898-1053 ext. 258

Sunday **November 4th**

**Memorial Service**

3:00 p.m Chapel

Join us as we remember our patients from the past year.

Saturday, **November 10th**

**3:00 p.m** - Chapel

Quarterly Meeting

**Inservice - Breaking the Holiday Blues**

10:00 a.m.- 11:30 a.m.

Chapel

Saturday, **November 17th**

**Thanksgiving Baskets**

10:00 a.m.- 12:00 p.m. Dining Room

Soft home made cookies (individually wrapped) and soft candy needed.

Call for more information 601- 898-1053 ext. 258



## December

Saturday, **December 3rd**

**Decorate Christmas trees**

10:00a.m. - 12:00 p.m.

Join the fun & help decorate our Christmas trees. Dayroom

Saturday, **December 10th**

**Cookie Connection**

10:00 a.m. - 12:00 p.m.

Dining Room Hall



Many times volunteers ask what they can do for Hospice. I've listed some of the current needs below. Please call if you are interested in working with any of these needs. **(601-898-1053, 258)**

1. **Picking up flower vases:** (Sunday afternoon or Thursday afternoon) picking up vases from patients' rooms. This is a wonderful way to meet patients and their families and usually very rewarding.
2. **Tuck In Program:** Calling new home patients/ families to see if they have all of their medication or supplies for the weekend. (Calls are made on Thursdays.)
3. **Patient Cards:** Writing out and addressing cards along with monitoring the list of patients to see that home patients receive their cards from Volunteer Services - once every two weeks.
4. **Sensory Quilts:** Group or person needed to make these small lap quilts; supplies are available. Can be made at home or at meeting. Very popular with our patients.

Through its **Ready Campaign**, the *U.S. Department of Homeland Security* educates and empowers Americans to take some simple steps to prepare for and respond to potential emergencies, including natural disasters and terrorist attacks. Ready asks individuals to do three key things: get an emergency supply kit, make a family emergency plan, and be informed about the different types of emergencies that could occur and their appropriate responses.

All Americans should have some basic supplies on hand in order to survive for at least three days if an emergency occurs.

### Prepare, Plan, and Stay Informed

Emergencies happen every day -- often when you least expect it. The Ready Campaign encourages all Americans to have an emergency supply kit, an emergency plan, and to be informed about the different emergencies that can happen in their area and the appropriate responses. Below are some tools to help you be more prepared in case of an emergency.

*When preparing for a possible emergency situation, it's best to think first about the basics of survival: fresh water, food, clean air and warmth.*

- Recommended Items to Include in a Basic Emergency Supply Kit:
- Water, one gallon of water per person per day for at least three days, for drinking and sanitation
- Food, at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert and extra batteries for both
- Flashlight and extra batteries
- First aid kit
- Whistle to signal for help
- Dust mask, to help filter contaminated air and plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to turn off utilities
- Can opener for food (if kit contains canned food)
- Local maps
- Cell phone with chargers

### *Additional Items to Consider Adding to an Emergency Supply Kit:*

- Prescription medications and glasses
- Infant formula and diapers
- Pet food and extra water for your pet
- Important family documents such as copies of insurance policies, identification and bank account records in a waterproof, portable container
- Cash or traveler's checks and change
- Emergency reference material such as a first aid book or information from [www.ready.gov](http://www.ready.gov)
- Sleeping bag or warm blanket for each person. Consider additional bedding if you live in a cold-weather climate.
- Complete change of clothing including a long sleeved shirt, long pants and sturdy shoes. Consider additional clothing if you live in a cold-weather climate.
- Household chlorine bleach and medicine dropper - When diluted nine parts water to one part bleach, bleach can be used as a disinfectant. Or in an emergency, you can use it to treat water by using 16 drops of regular household liquid bleach per gallon of water. Do not use scented, color safe or bleaches with added cleaners.
- Fire Extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates and plastic utensils, paper towels
- Paper and pencil
- Books, games, puzzles or other activities for children



Now's the Time.

**Resolve to be Ready**



[www.ready.gov](http://www.ready.gov)

*Mississippi Emergency Management Agency*

*P.O. Box 5644*

*Pearl, MS 39288*

*(601) 933-MEMA (6362)*

*[www.msema.org](http://www.msema.org)*

## ***“What are you going to do about it?”***

*While skimming through an inspirational book the other day I ran across this story and felt it mirrored our Volunteer Department. Without you we could not make the difference that Volunteer Services makes for our patients. Thank You, for all you do.*

### **COMPASSION**

by Dr. Harold J. Sala

World War II was winding down when Bob Pierce visited a mission school and orphanage run by a group of German nuns. While he was there, Pierce noticed a little girl hunched at the bottom of the cold, stone steps. The little girl was obviously undernourished and lacked proper clothing for the cold climate. The child could not have been more than nine or ten, yet her gaunt face and coal-black eyes reflected as much suffering as some endure in a lifetime.

Deeply concerned, Pierce asked one of the sisters about her. “Oh,” she replied, “she comes and sits there everyday. She wants to come to school. But we have no room.”

The reply did not satisfy him, so he said, “Surely one child won’t make that much difference. If she wants to come so badly, could you not make room for just one more?”

The sister turned to Pierce and said, “We have made room for ‘just one more’ time and time again. We have already four times the number of children we were originally prepared to care for. We have stretched our food as far as it will go. I myself am feeding three children out of my rice bowl, as are all the other sisters. If we do not draw the line somewhere,

there will not be enough rice to keep the children we already have alive. We simply cannot take one more child!”

The brutal reality of the situation hit home, but Pierce did not want to accept it. “That is crazy, ridiculous!” he said. “A child cannot come asking for help and be turned away at the door. Why isn’t something being done?”

Without saying anything, the sister walked over and wooped the little girl up in her arms. Walking over to Pierce, she deposited the girl in his strong arms and said, “What are you going to do about it?”

That incident led to the founding of World Vision, an organization that has helped feed and clothe thousands of boys and girls. Pierce did what I think you would have done. He dug into his own pocket and gave the sister enough money to buy rice for the little girl.

A Sister’s question founded a great organization. “What are you going to do about it?” It is the question every person must face. When you think of the needs of all the world, you are overwhelmed, but if you can think of the one person outside your gate and face the question, “What am I going to do about it?” you will find that the darkness is driven back at least one step. The needs of people come one at a time; eventually every person must answer the question: *“What am I going to do about it?”*

Taken from: *A Heart Like His; Discovering the Heart of Jesus in the Fruit of the Spirit.* by Mike & Amy Nappa, Barbour Publishing, Inc.



450 Towne Center Boulevard  
Ridgeland, MS 39157

*Life is a gift  
given to share with others  
but for a brief moment.  
Through sharing this gift,  
we learn about the process of dying.  
We learn what is most important in life.  
Our conversations take on new meaning.  
Our body, mind and soul  
bond in companionship.  
And the process of living and dying  
touches us and those around us, forever.*

***At Hospice Ministries we believe that every human being has the right to a quality end-of-life experience.  
For each person, no matter the time left, Life Matters<sup>SM</sup>***