

## REGISTRATION FORM

|   |         | Pre Reg  | Race Day |
|---|---------|----------|----------|
| <input type="checkbox"/> 5K Run   | 8:00 AM | \$25     | \$30     |
| <input type="checkbox"/> 5K Walk  | 8:05AM  | \$25     | \$30     |
| <input type="checkbox"/> 1 Mile Fun Run   | 9:00 AM | \$15     | \$20     |
| <input type="checkbox"/> Spirit Runner**<br>(*T-shirt Only)   |         | \$15     |          |
| <input type="checkbox"/> The Last Mile Memorial Sign  | \$25    |          |          |
| <i>The Last Mile Memorial sign is placed on the final mile of the run in honor of your loved one.</i> |         |          |          |
|                      |         |          |          |
| <input type="checkbox"/> Additional Donation  |         | \$ _____ |          |
|   | Total   | \$ _____ |          |

Make Checks Payable to **Hospice Ministries (Attn: Virginia)**

Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Age \_\_\_\_\_ Birthdate \_\_\_\_\_

Team/Group Name \_\_\_\_\_

Male  Female

**T-shirt size** (check ONE) Guaranteed for registrations received by April 20th.

Small  Large  XX-Large  
 Medium  X-Large  3XL

In consideration of your acceptance of the race entry, I, for myself, my heirs, and executors, forever release, and/all rights, demands, claims, for damage and causes of suit action known or unknown that I may have against Hospice Ministries, SISU Racing, and all participation in said race, that I assume those risks, that I will assume and pay my own medical and emergency expenses in the event of an accident, illness or other incapacity, regardless of whether I have authorized such expenses and that I am physically fit and sufficiently trained to participate in the race. If I have a heart condition or high blood pressure, I certify that I have my physicians approval to participate in this event, with obligation or signature. I acknowledge that any photographs taken at the event may be used in electronic publications, promotional literature or advertising. I also understand the entry fee/donation is nonrefundable.

Signature (Parent/Guardian req. if under 18)

## REGISTRATION

Pre-register online at [www.racerooster.com](http://www.racerooster.com) or complete a registration form and return it to Hospice Ministries at the address listed by May 3, 2018. You may also drop off your registration at our office.

## PACKET PICK-UP

Packets may be picked up at Hospice Ministries from 12:00 PM to 6:00 PM on Friday May 4th, and race day beginning at 7:00 AM.

## TEAMS AND GROUPS

Participants are encouraged to walk or run as a team or a group. Teams are a great way to show your support for a patient or loved one. Many teams wear signature items or colors centered around the team.

## AWARDS

Awards include Male and Female Overall. Awards will given to the 1st, 2nd & 3rd place winners by age group, gender and event.

## 1 MILE FUN RUN

Medals will be presented to all children who complete the Fun Run.

## STARTING TIMES

5K Run 8:00 AM  
5K Walk 8:05 AM  
1 Mile Fun Run 9:00 AM

The course will begin and end at Hospice Ministries.

**PARKING** is available at Colonial Heights Baptist Church.



450 Towne Center Boulevard | Ridgeland, MS 39157  
1-800-273-7724 | 601-898-1053

397 Brookhaven Street | Brookhaven, MS 39601  
1-800-210-7775 | 601-835-1020

## HOSPICE MINISTRIES, INC. PRESENTS



## SATURDAY MAY 5, 2018

REGISTER AT [WWW.RACEROOSTER.COM](http://WWW.RACEROOSTER.COM) \$25

**STARTS AT 8AM**  
450 TOWNE CENTER BLVD.  
RIDGELAND



## OUR STORY

Hospice Ministries is a Mississippi nonprofit, hospice program serving patients and their families for almost 30 years. Our goal is to help patients live life as fully as possible, as well as to support those who love and care for them.

Hospice Ministries does not turn patients away due to their inability to pay. Many of the patients we serve have never had medical insurance or have lost their insurance coverage during their illness. We provide multiple levels of charity care each month in our inpatient facility and our two in-home locations in Ridgeland and Brookhaven.



*“For Every Patient,  
No Matter the Time  
Left...Life Matters.”*

## RACE MISSION

The time has come for Hospice Ministries, Inc.’s 3<sup>rd</sup> annual Celebrate Life: A Run to Remember 5K Run/Walk. The race will be held Saturday, May 5th, at Hospice Ministries in Ridgeland. With the help of our generous sponsors, donors, and race participants last year, we were able to achieve our goal of completing the renovation of one of our patient suites, beginning renovation on another, and doubling our donations from the previous year. This year, we invite you to please join us in continuing to accomplish our goal of funding the completion of our patient suite renovations.

Hospice Ministries has the privilege and honor of being a part of our patient’s final journey. By participating, you too can take part in that process. When we come together in fundraising, it honors the past and helps to shine a bright light on our future patients and their families. We know that life is a gift, and for every patient, no matter the time left, life matters. Join us in “Celebrating Life: A Run to Remember” and help us help others by giving our patients the care they deserve at the end of their lives.

### AFTER



### BEFORE



## TROY’S STORY

“We are a team, we will always be a team, and we will honor Troy and the important things he taught us in life about courage, perseverance and working together as a family team. This is the mantra of the Lambert family,” said Phyllis Lambert, Troy’s widow.

Under the team name #toughlikeTroy, Troy Lambert’s family and friends banded together to celebrate and honor his legacy in the 2017 Hospice Ministries 5K Run/Walk.

Participating as a team is a wonderful bonding experience that serves as an opportunity to honor lost loved ones, just as it did for Troy’s team. To support the work of Hospice Ministries and to honor family and friends, please participate in the next Run to Remember on May 5th.

*“We are a team, we will always be a team, and we will honor Troy and the important things he taught us in life about courage, perseverance and working together as a family team.”*

Phyllis Lambert

