



REGISTER AT [WWW.HOSPICEMINISTRIES.ORG/5K](http://WWW.HOSPICEMINISTRIES.ORG/5K)

# STARTS AT 8AM

450 TOWNE CENTER BLVD., RIDGELAND

# SATURDAY

# APRIL 18, 2020

### REGISTRATION

Pre-register online at [www.hospiceministries.org/5K](http://www.hospiceministries.org/5K) or complete a registration form and return it to Hospice Ministries at the address listed by April 16, 2020. You may also drop this form off at our office.

### PACKET PICK-UP

Packets may be picked up at Hospice Ministries from 12:00 PM to 6:00 PM on Friday, April 17, and on race day beginning at 7:00 AM.

### TEAMS AND GROUPS

Participants are encouraged to walk or run as a team or a group. Teams are a great way to show your support for a patient or loved one. Many teams wear t-shirts with a team name or a loved one's name on them.

### AWARDS

Awards include Male and Female Overall Winners and 1st, 2nd & 3rd place winners by age group, gender and event.

### 1 Mile Fun Run

Medals will be presented to all children who complete the Fun Run.

### LAST MILE MEMORIAL SIGNS

In the last mile of the race, we provide a special opportunity for participants to honor their loved ones. For \$25 you may purchase a sign that will be placed along the last mile of the course for the runners / walkers to see as they finish the run / walk. After the race, the sign with your loved one's name is yours to keep.

To order, check the box in the registration section of this form. On race day you'll be able to write in the name of your loved one.

### HOSPICE MINISTRIES

450 Towne Center Boulevard  
Ridgeland, MS 39157  
1-800-273-7724 | 601-898-1053

*A Run to Remember is Hospice Ministries' annual 5K walk/run that promotes awareness for hospice care in our community. Hospice Ministries is faithful to the mission that all life matters, regardless of a patient's ability to pay. The proceeds of this year's race will go towards expanding the medication room in our inpatient facility.*

### STARTING TIMES

5K Run 8:00 a.m.  
5K Walk 8:05 a.m.  
1 Mile Fun Run 9:00 a.m.

The course will begin and end at Hospice Ministries in Ridgeland.

**PARKING** with a shuttle to the event is available at Colonial Heights Baptist Church.



In consideration of your acceptance of the race entry, I, for myself, my heirs, and executors, forever release, and/all rights, demands, claims, for damage and causes of suite action known or unknown that I may have against Hospice Ministries, SISU Racing, and all participation in said race, that I assume those risk, that I will assume and pay my own medical and emergency expenses in the event of an accident, illness or other incapacity, regardless of whether I have authorized such expenses and that I am physically fit and sufficiently trained to participate in the race. If I have a heart condition or high blood pressure, I certify that I have my physicians approval to participate in this event, with obligation or signature. I acknowledge that any photographs taken at the event may be used in electronic publications, promotional literature or advertising. I also understand the entry fee/donation is nonrefundable.

### REGISTRATION FORM

<input type="checkbox"/> 5K Run	8:00 a.m.	\$30
<input type="checkbox"/> 5K Walk	8:05 a.m.	\$30
<input type="checkbox"/> 1 Mile/Fun Run	9:00 a.m.	\$15
<input type="checkbox"/> T-shirt only		\$20
<input type="checkbox"/> Last Mile Memorial Sign		\$30
<input type="checkbox"/> Additional Donation		\$ _____
Total		\$ _____

Make Checks Payable to:  
Hospice Ministries (Attn: Tonia)

**Name**

**Address**

**Phone**

**Email**

**Age Birthdate**

**Team/Group Name**

Male  Female

T-shirt size (check ONE) Guaranteed for registrations received by April 8th.

Small  Large  XX-Large  
 Medium  X-Large  XXX-Large

Signature (Parent/Guardian req. if under 18)