

## Life Matters<sup>TM</sup>

No Matter The Time Left



### Contact Information

### Ridgeland Home Hospice Office Inpatient Hospice Center

450 Towne Center Boulevard Ridgeland, MS 39157 601-898-1053

Fax: 601-898-7954

Referrals: 601-898-9588

#### **Brookhaven Home Hospice Office**

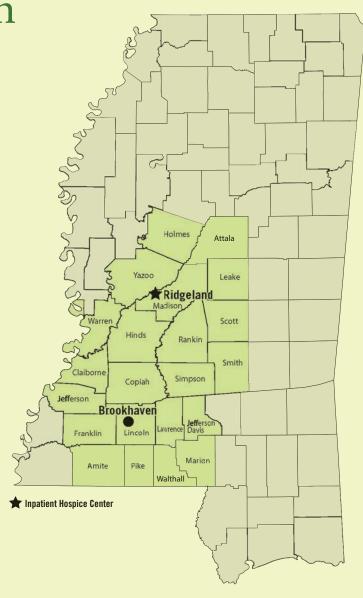
397 Brookhaven Street Brookhaven, MS 39601 601-835-1020

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#### McClean Fletcher Center

12 Northtown Drive Jackson, MS 39211 601-206-5525





### Request Care

866.898.9588

601.898.9588

www.hospiceministries.org

Hospice Ministries, Inc., provides services without regard to race, sex, color, creed, sexual orientation, disability, religion, ability to pay, or national origin.



### OUR MISSION

Because life matters, Hospice Ministries bridges the gap between life and death by being present, offering hope, and expanding knowledge through compassionate service to patients and their families in our community. Hospice Ministries believes that every human being has the right to a quality end-of-life experience.

For every patient, no matter the time left, Life Matters™.



You may be at a point when you have to decide where you want to be when you walk as far as you can in this life with a loved one, or even yourself. This guide is intended to provide you with the resources to help you make end-of-life decisions and to find peace as you or your loved one transitions from this life to the next.

Hospice Ministries, Inc., is a community-based, nonprofit hospice. It is one of the oldest hospices in Mississippi and is regarded as one of the finest. Whether home-based or inpatient, the high quality care and support services we provide are designed to ease pain, alleviate symptoms, and provide support to our patients and their caregivers. We are a patient and family focused organization dedicated to providing quality end-of-life care to over 1,000 individuals and families each year.



# Hospice is More Than a Place or a Program

Hospice is a program of care designed to meet the physical, spiritual, emotional, and social needs of individuals in the final stages of life's journey. Hospice services may be provided to patients wherever they call home, be it private homes, assisted living facilities, nursing homes, our Inpatient Hospice Center, or even hospitals. Hospice care involves a special team approach of caring that stresses relief from pain and the easing of symptoms. It allows patients with life-limiting illnesses to choose how they spend their final months and live as comfortable as possible. Hospice does not seek to postpone or hasten death. Instead, hospice seeks to improve the quality of life, committed to the principle that people deserve to live the last moments of their life in comfort, dignity, and peace.

#### **Common Misconceptions About Hospice**

Hospice means giving up hope. Choosing hospice care in no way means a patient is giving up hope. It may be redefining hope. Whereas a patient once hoped for a cure, he or she may now hope to be pain-free. Hope for a patient may mean seeing a distant friend or relative one last time or taking a trip to the beach. Hope could be as simple as wanting to spend as much time with loved ones as possible or remaining at home rather than having to go to the hospital or nursing home.

**Hospice care is expensive.** Both Medicare and Medicaid have comprehensive hospice benefits, and there is no cost to the patient. Most private insurances also pay for hospice services. Hospice Ministries accepts patients based on their need for care, not their ability to pay.

**Hospice care is only for six months.** The patient's own physician and our Medical Director decide whether or not hospice care is appropriate. If the Hospice Medical Director determines after six months that the illness is still following its normal course, then the patient continues to be qualified for hospice care. Some patients receive hospice care well beyond six months.

**All hospice patients have cancer.** Hospice care is appropriate for all people with a life-limiting illness, regardless of the diagnoses. Some of the most common non-cancer diagnoses are congestive heart failure, chronic lung disease such as COPD, stroke, renal failure, and Alzheimer's dementia.

**All hospices are the same.** Not all hospice programs are the same. There is only one Hospice Ministries. We have our own Inpatient Hospice Center, a grief center for children and adolescents, a large number of volunteers, and multiple locations providing home hospice care. Hospice Ministries is nonprofit.

# "The journey with someone in hospice is sacred."

"At the end of my sister's journey with cancer in 1994, there were not a lot of options, and hospice care was not something that many people knew much about. When my second sister experienced the same fate with cancer in 2017, things were different. The hospice team became part of our family, and her journey was a sacred time in our lives.

"It's natural for families with loved ones experiencing life-limiting illnesses to want to fight hard and continue treatment with a hope for recovery, but our family had to determine that the quality of the time left with my sisters was more important than the quantity. My sisters were both ready to take the next step on their journeys, and hospice care allowed us to be with them and experience peace as a family.

"Hospice Ministries simplified the hospice process and gave us continuous support and information through this difficult time."

- Iris Waldrop





### About Hospice Ministries, Inc.

Hospice Ministries, Inc., a nonprofit organization, has faithfully served patients and families for over thirty years. Thousands of families hold testimonies of the kindness and support shown to patients and their caregivers. Our **reputation** makes us the first provider that many families and physicians call when the time comes for hospice care.

Many members of the Hospice Ministries' **team** have served our patients and families for more than 20 years. The compassion that families feel from the staff is a driving force behind the positive reputation that Hospice Ministries holds.

Hospice Ministries is a **nonprofit entity** that serves our patients despite their financial circumstances. At the core, our mission is to provide quality end-of-life experiences to patients regardless of their ability to pay. The primary goal is to assist patients and families in any way possible.

Hospice Ministries was created as a **ministry** for patients with life-limiting illnesses and is driven by the principle that God may not always choose to heal physically, but He always chooses to heal spiritually. Through our interaction with each patient, our mission is to show the love of Christ, while providing hope to each person with whom we interact.

### Hospice Care Where You Need It

Hospice Ministries cares for you or your loved one where you are the most comfortable. We provide care at home, assisted living facilities, hospitals, and nursing homes. Our Inpatient Hospice Center in Ridgeland is the oldest and largest inpatient hospice facility in Mississippi.



#### **Our Team**

Hospice Ministries believes in the team approach to care. Our team members are skilled professionals, trained in palliative care which means managing symptoms, controlling pain, and caring for physical, emotional, and spiritual needs. We take care of not only the patient but also the entire family. Hospice Ministries is committed to doing everything we can to make one's final journey as meaningful, comfortable, and peaceful as possible.

#### **Our Care**

- Accessible at any time 24 hours a day, 7 days a week
- Emphasis on comfort with management of pain and symptoms
- Focused on helping patients live life as fully as possible

#### Our Hospice Ministries' Team

- Patient's Own Physician
- Hospice Medical Directors
- Experienced Hospice Nurses
- Hospice Aides
- Pharmacists
- Social Workers
- Chaplains
- Bereavement Counselors
- Trained Volunteers
- Dieticians
- Physical, Occupational, Speech Therapists

### Home Care Services

#### **Hospice Care at Home**

The majority of Hospice Ministries' patients receive hospice care in their own homes. With our assistance, patients are able to remain at home surrounded by their family and friends and the things that are most precious to them.

#### Hospice Care In A Nursing Home or Assisted Living Facility

We partner with an extensive network of facilities throughout the region to provide care to those already in a nursing home, assisted-living facility, or retirement community. The Hospice Ministries' team will not replace the professionals already providing care in these facilities. Instead, we coordinate with caregivers and facility staff to manage the patients' symptoms and needs in the best way possible. Our extra measure of care, attention, and companionship enhances the existing services while also providing the unique end-of-life care only Hospice Ministries can provide.

### Passages

Passages, a program by Hospice Ministries, offers compassionate care for patients who face the final days of a life-limiting illness in the hospital as they cannot be immediately moved to our Inpatient Hospice Center. This program is designed for short-term intensive management of uncontrolled symptoms in a hospital setting.







### Inpatient Care Services

#### **Acute Care**

For patients whose pain and other symptoms cannot be controlled at home or in a residential setting, we can admit patients to our Inpatient Hospice Center. Here they receive specialized care to manage their pain and acute symptoms. Our staff is there to ensure that the patient is transitioned to the appropriate level of care to best meet their end-of-life needs.

#### **Residential Care**

For patients who are hospice appropriate but no longer can remain at home or in an assisted living facility, we have our Residential Program at our Inpatient Hospice Center. This program is committed to helping our patients and families live every day to the fullest with the support and care of our hospice staff.

#### **Respite Care**

Hospice Ministries can provide short-term care in select nursing facilities or in our Inpatient Hospice Center when a caregiver needs extra assistance or needs to leave home for an extended period of time.

While our Inpatient Hospice Center features the highest level of medical, emotional, and spiritual support, it is designed with a home-like feel and provides

- 24/7 access for families and friends to visit
- · warmly decorated rooms that overlook our gardens
- a family kitchen, dining room, and other common areas for families to gather

### Programs & Services

#### Bereavement Services

Caring for a loved one and coping with grief can be an overwhelming process and should not be endured alone. Hospice Ministries offers counseling and support through every stage of serious illness. Whether it be understanding treatment options, dealing with caregiver stress, or grieving the death of a loved one, our counseling and support staff can assist you.

Feeling overwhelmed is common for a loved one of someone who is terminally ill. For some, the grieving process begins before death. Through one-on-one counseling, support groups, and special events, our grief counseling program provides emotional support before or after a loss.

#### Volunteers

A vital part of our team is our group of specially trained volunteers who directly assist our patients and families. Other volunteers help Hospice Ministries with administrative duties, assist at special events, or provide follow-up with bereaved clients.

Our Hospice Ministries volunteers make a difference by

- sharing companionship with patients and families, whether by reading or just being a good listener;
- providing caregiver relief in the home for short periods of time to allow the caregiver to run an errand or just take a break; and
- arranging and delivering fresh flowers to patients at our Inpatient Hospice Center.

### Community Outreach

Hospice Ministries offers community outreach and education to any group or organization. We support our community by providing educational programs about end-of-life, offering bereavement services, hosting events to focus awareness on quality end-of-life care, and promoting the services of Hospice Ministries.

#### We Honor Our Veterans

Hospice Ministries honors Veterans with a program that addresses their unique needs, shows gratitude and respect for their sacrifices, and recognizes the effects that military service and combat have had on their lives.





Children need a place where they can embrace grief and begin their journey through the healing process toward peace. That place is The McClean Fletcher Center. The Center's grief support program focuses on the belief that every child and teen deserve the opportunity to grieve in a supportive, nurturing environment. Grieving children and teens, ages 4-18, interact with others who have experienced similar losses, learn life-long coping skills, and most importantly, begin a healthy healing process.

The Center's bi-weekly program session begins with families sharing a meal which provides an opportunity for fellowship and bonding. Afterwards, the children and teens are placed in age appropriate groups where they meet for activities such as open discussion, art, music, therapeutic play, games, and expressive writing. Caregivers may participate in an adult support group that meets simultaneously. All of this gives families a safe place to help them integrate love, life, and loss into their daily lives.

#### **Programs & Services**

- Family-Centered Support Groups Support groups for children and caregivers
- School Support & Education School based support groups
- Community Resource Resource material on grief
- Community Referral Service Referrals to meet the additional needs of individuals
- **Community Education** Public education, crisis support, and networking to schools and the community
- Anticipatory Grief Support Assistance to those experiencing the anticipated death of a loved one

#### Learn more about The McClean Fletcher Center at mccleanfletcher.org.











### Getting Involved

Hospice Ministries has touched the lives of thousands of families over the years, and many people want to know how to support us. There are many ways to actively participate in the ministry of Hospice Ministries. Whether it's volunteering with patients and families at home or our Inpatient Home Center, participating in a fundraiser, or simply helping us create awareness through our social media channels, every effort is important. Consider becoming active in any of the following ways:

#### **Pray**

Prayer is a fundamental part of Hospice Ministries and a great way for you to be involved.

#### We ask that you specifically pray for the following:

- Each patient currently cared for by Hospice Ministries
- Caregivers and their families
- Hospice Ministries' staff and volunteers

#### Volunteer

Hospice Ministries' volunteers are dedicated individuals who give of themselves to help ensure the mission of Hospice Ministries. Our volunteers are an important part of the hospice team and assist in a broad spectrum of services for patients and their families. These services include visiting with patients and families, providing emotional and spiritual support, and assisting with clerical and gardening projects.

#### Give

Our patient and families depend on you. Your generous contribution allows us to continue our mission for ALL patients to have a quality end-of-life experience. Hospice Ministries accepts patients regardless of their ability to pay.

#### Your support can make a difference:

- In Memory or In Honor of donations
- Outright gifts
- Restricted contributions
- Non-cash contributions
- The McClean Fletcher Center contribution
- Planned Giving Opportunities including stock and equity contributions or estate contributions

#### For more information or to donate online

hospiceministries.org/give-to-hospice-ministries

Donations may also be mailed to our Brookhaven and Ridgeland Offices. Please make checks payable to **Hospice Ministries**.



### Request Care

Anyone can make a referral to Hospice Ministries – patients, family members, physicians, other healthcare professionals, friends, and clergy.

Hospice care is for anyone who has been diagnosed with a life-limiting illness and, per Medicare regulations,

has six months or less to live if the disease follows its expected course.

Hospice Ministries will contact a patient's physician to obtain orders and to streamline the admission process for patient and family.

### Signs/Symptoms That An Individual May Be Eligible For Hospice Care

- Progressive weakness
- Decrease in appetite or weight loss
- Multiple hospitalizations or ER visits
- Recurrent infections
- Decrease in physical and mental functional abilities
- Any end-stage disease or life-limiting diagnosis
  - Alzheimer's disease
- ALS
- Heart disease
- AIDS/HIV
- Lung disease
- Liver disease
- Stroke or coma
- Cancer
- Parkinson's disease
- Kidney disease



For Every Patient
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HospiceMinistries.org